

BACHELOR OF SCIENCE IN NUTRITION



IMPROVE THE HEALTH OF PEOPLE AND COMMUNITIES

Prepare to make a positive difference in the lives of others through a career in the health care and nutrition industry. With the focus of America's health care system shifting to preventive care, there is an expected need for individuals who can educate others about healthy habits and behaviors, including the importance of good nutrition and maintaining a healthy diet.¹ In Purdue University Global's Bachelor of Science in Nutrition, you will explore the topics, concepts, values, research methods, and applications in nutrition needed to pursue opportunities in this growing field.

WHY STUDY AT PURDUE GLOBAL'S SCHOOL OF HEALTH SCIENCES?

FLEXIBILITY FOR WORKING ADULTS

Complete your degree 100% online, on your schedule. In addition, you can visit one of our regional locations to take advantage of local, onsite support and services.

TRANSFER CREDITS

Transfer up to 75% of your degree requirements to accelerate completion of your degree and save on tuition.²

ACCELERATED MASTER'S DEGREE OPTION

Fast track to your master's degree. You can complete graduate-level courses as part of your bachelor's program, shortening your Purdue Global health sciences master's degree by up to five courses.³

FACULTY EXPERTISE

Learn from experienced health care professionals currently active in the field. All professors possess advanced academic degrees.

ONE-ON-ONE MENTORING

Work directly with faculty through online discussion boards and seminars, and enjoy no-cost individual tutoring. In addition, academic and career advisors are dedicated to helping you balance school with your career and life responsibilities.

INTRODUCTORY TRIAL PERIOD

Make sure online learning at Purdue Global is right for you. Enroll in the University and try our classes for 3 weeks before you owe any tuition. That's the Purdue Global Commitment.⁴

NATIONALLY RANKED AND RESPECTED

Purdue Global is part of the respected Purdue University system. One of the most prestigious research universities in the world, Purdue University is ranked in the top 10 best public universities in the U.S. by *The Wall Street Journal/Times Higher Education*.⁵

PROGRAM OUTCOMES SUPPORT YOUR CAREER GROWTH

Prepare for Certification	Build the Core Skills and Competencies That Employers Demand
<p>Upon completion of this program, you may be eligible to pursue the following certifications and credentials⁶:</p> <ul style="list-style-type: none">• Board Certified in Holistic Nutrition• Certified Clinical Nutritionist (CCN)• Certified Dietary Manager (CDM)	<ul style="list-style-type: none">• Acquire an understanding of digestion, absorption, and metabolism of foods and nutritional needs at various stages of life.• Explain the role of nutrients and food in the prevention of disease and optimization of human health.• Assess diets, prepare foods, and promote consumption of foods to meet the nutritional needs of healthy people.• Plan and implement individualized, appropriate nutrition therapy for clients.• Analyze the impact of cultural and economic issues on client needs.• Develop the administrative, ethical, and professional skills for leadership positions throughout the health care field.

CURRICULUM

Our comprehensive curriculum covers the principles and pharmacology of nutrition and how dietary choices can contribute to a healthy lifestyle. You will explore how to educate others in the science of food, food production, and nutrition. The courses are reviewed and revised regularly by industry experts to ensure they reflect the most recent developments in the field.

NUTRITION COURSES:

- Food Safety and Microbiology
- Nutritional Analysis and Assessment
- Nutrition Planning and Management
- Nutrition Across the Human Life Cycle
- Nutrition for Special Populations
- Food Science With Lab
- Nutritional Counseling

Capstone Project

The program culminates in the successful completion of a capstone project, in which you can demonstrate your ability to apply the concepts and skills you study online to real-world scenarios.

PROGRAM DETAIL

Credit Hours:

Core:	33
Major:	60
Open Electives:	87
Total:	180

Program Length: 2–4 years⁷

Course Load: 2 per term

Terms: 10 weeks long

Start Dates: Throughout the year

Delivery: 100% online

APPROVED EDUCATION PROGRAM

The Bachelor of Science in Nutrition is an approved holistic nutrition education program through the National Association of Nutrition Professionals (NANP).

ADDITIONAL PROGRAMS

Bachelor's Degrees:

- Health and Wellness
- Health Care Administration
- Health Information Management
- Health Science

Master's Degrees:

- Health Care Administration
- Health Education
- Health Informatics
- Health Information Management
- Public Health

"Our nutrition program offers students the ability to receive nutrition education that can form the foundation for entry into the growing health or food science fields. The nutrition program allows students to continue their careers or attend to family obligations while earning a degree from a regionally accredited university."

Leslie Young

School of Health Sciences Full-Time Faculty⁸



CAREER AND NETWORKING OPPORTUNITIES

INDUSTRY OUTLOOK¹

- Employment of **health educators** as well as **medical and health services managers** is expected to grow much faster than the average for all occupations from 2016 to 2026.
- Health care occupations are projected to add more jobs than any of the other occupational groups, with **2.4 million new jobs** by 2026. This growth will be fueled mainly by an aging population, leading to greater demand for health care services.

CAREER PATHWAYS AND OUTCOMES⁹

Roles

- Nutrition counselor
- Food production manager
- Food services director
- Certified dietary manager
- Nutrition educator
- Health coach
- Nutrition/food writer
- Catering/restaurant kitchen manager
- Sports nutrition specialist
- Dietary technician/aide
- Nutrition specialist

Settings

- Food/foodservice organizations
- Wellness centers
- Private practice
- Pharmaceutical companies
- Community centers
- Schools

CAREER SERVICES

Our team of Career Specialists helps connect students with job and networking opportunities and offers the following assistance:

- Career assessment/exploration
- Resume and cover letter review
- Interview preparation/mock interviews
- Portfolio development to showcase your skills
- Assistance in building an online presence
- Job search and networking support
- Virtual career fairs
- 24/7 online access to job openings and career development tools

Accredited by The Higher Learning Commission

This accreditation covers all academic programs, all regional locations, and all programs provided via distance education. Contact the HLC at HLCcommission.org or call 800-621-7440.

Military Friendly

We offer reduced tuition rates for servicemembers, veterans, and spouses.



This accolade was awarded prior to the March 2018 purchase of Kaplan University by Purdue University and subsequent creation of Purdue University Global. Purdue Global cannot guarantee future accolades.

Contact an Admissions Advisor at **844-PURDUE-G** or visit **www.PurdueGlobal.edu**.

IMPORTANT INFORMATION: PLEASE READ

For comprehensive consumer and gainful employment information, visit Info.PurdueGlobal.edu.

- 1 Source: U.S. Department of Labor, Bureau of Labor Statistics, *Occupational Outlook Handbook*, Medical and Health Services Managers, Health Educators, and Healthcare Occupations. National long-term projections may not reflect local and/or short-term economic or job conditions, and do not guarantee actual job growth.
- 2 Purdue Global does not guarantee transferability of credit. Future transfer credit savings are subject to review and the academic policies of Purdue Global. See the University Catalog for Prior Learning Assessment policy.
- 3 The University cannot guarantee that students will be granted admission to any future programs. Speak to an Advisor about admissions requirements and transfer credit opportunities and see the University Catalog for the Prior Learning Assessment policy.
- 4 No financial obligation beyond the application fee. Classes count toward a degree if satisfactorily completed. No credits are earned if the student withdraws during the introductory period (3 weeks for new qualifying undergraduate students), which begins day one of the first term. Students who choose to continue their studies at Purdue Global will need to meet specific requirements. Graduate programs not included. Additional terms may apply to international and non-U.S. citizen students. For further information, see the University Catalog.
- 5 Source: www.timeshighereducation.com/student/best-universities/best-public-universities-united-states. Rankings apply to Purdue University West Lafayette and not to Purdue Global.
- 6 Students are responsible for understanding the requirements of optional certification exams. The University cannot guarantee students will be eligible to sit for or pass exams. In some cases, work experience, additional coursework beyond the Purdue Global program, fieldwork, and/or background checks may be necessary to be eligible to take or to successfully pass the exams.
- 7 Purdue Global online bachelor's degree students who graduated in the 2017–2018 academic year and applied eligible external (transfer, experiential, or credit by exam) credits earned an average of 82 credits or 8 terms toward their total degree. This excludes undergraduate nursing students. Term estimates are based on completion of two 5- or 6-credit courses per term. Individual credits earned will vary. Please see the University Catalog for Purdue Global's Prior Learning Assessment policy. Source: Purdue Global Office of Records Analysis and Reporting.
- 8 This testimonial was obtained by Kaplan University. Purdue University acquired Kaplan University in March 2018 and created Purdue University Global, which is following the same curriculum format and instructional delivery methods as developed and used by Kaplan University. The views and opinions expressed are those of the individual; student experiences may vary.
- 9 Purdue Global cannot guarantee employment or career advancement. The Bachelor of Science in Nutrition is designed to prepare graduates academically to pursue a variety of nutrition-oriented careers and advanced education. However, the program was not designed to meet any specific state's requirements for licensure or certification, is not accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND), and does not qualify an individual to sit for the examination to become a Registered Dietitian (RD). In addition, some states will not permit individuals to become licensed in nutrition and/or dietetics if they do not possess the RD credential. Purdue Global makes no representations or warranties as to whether the degree or any individual courses meet any specific state's requirements for licensure or certification. Refer to the University Catalog for additional information.