



## Bachelor of Science in **NUTRITION**

### Earn the Nutrition Degree Your Career Deserves

Move your career forward while making a positive difference in people's lives with Purdue Global's Bachelor of Science in Nutrition. As the focus of America's health care system shifts to preventive care, there's a demand for professionals who can educate others about healthy habits and behaviors.<sup>1</sup> In our program, you'll explore the topics, concepts, values, research methods, and applications of nutrition so you can create healthier communities and advance your career in this rewarding field.



# Why Study at Purdue Global’s School of Health Sciences?

## Built for Working Adults

Complete courses online, without compromising your work or family schedule.

## Backed by the Power of Purdue

Earn a degree you can be proud of — and employers will respect. Achieve more in the health care field with a name that opens doors in your career.

## Experience Counts as Credit

Get the credit you deserve. Transfer up to 75% of your degree requirements to graduate sooner. You can use prior academic, work, and military experience for credit.<sup>2</sup>

## Graduate Program Pathway

Earn your master’s degree in less time with a graduate program pathway. You’ll take graduate-level courses while completing your bachelor’s degree and get a head start on your master’s program. View the University Catalog for more information.<sup>3</sup>

## Expert Faculty

Learn from nutrition and education experts who are practicing professionals in the field. All Health Sciences faculty possess advanced academic degrees.

## Personal Support

Work directly with faculty through online discussion boards and seminars, and enjoy no-cost individual tutoring. In addition, academic and career advisors are dedicated to helping you balance school with your career and life responsibilities.

## Introductory Trial Period

Make sure online learning at Purdue Global is right for you. Enroll in the University and try our classes for 3 weeks — before you owe any tuition. That’s the Purdue Global Commitment.<sup>4</sup>

### An Education That’s Ranked and Respected

Purdue Global is part of the respected Purdue University system. One of the most prestigious research universities in the world, Purdue is ranked #16 most innovative company in the world alongside Open AI, NASA, and Microsoft.<sup>5</sup>

# Program Outcomes Support Your Career Growth

PREPARE FOR CERTIFICATION	BUILD THE CORE SKILLS AND COMPETENCIES THAT EMPLOYERS DEMAND
<p>Upon completion of this program, you may be eligible to pursue the following certifications and credentials<sup>6</sup>:</p> <ul style="list-style-type: none"><li>▪ ServSafe Food Manager</li><li>▪ Certified Dietary Manager (CDM) - additional elective required</li></ul> <p>For students who complete the Bachelor of Science in Nutrition with the holistic nutrition concentration only:</p> <ul style="list-style-type: none"><li>▪ Board Certified in Holistic Nutrition (BCHN) sponsored by the National Association of Nutrition Professionals</li></ul>	<ul style="list-style-type: none"><li>▪ Develop an understanding of how nutrients support bodily functions and contribute to health at different stages of life.</li><li>▪ Explain the role of nutrients and food in the prevention of disease and optimization of human health.</li><li>▪ Use appropriate assessment tools to evaluate dietary intake, health conditions, and risk factors to determine nutritional needs.</li><li>▪ Apply evidence-based diet planning and management strategies to support health and prevent disease.</li><li>▪ Plan and implement individualized, evidence-based nutrition therapy for clients.</li><li>▪ Analyze the impact of cultural and economic issues on client needs.</li><li>▪ Develop strong communication, leadership, and ethical skills to guide clients and teams in delivering effective nutrition care and promoting health initiatives.</li></ul>

# Curriculum

Our comprehensive curriculum covers the principles and pharmacology of nutrition and how dietary choices can contribute to a healthy lifestyle. You will explore how to educate others in the science of food, food production, and nutrition. The courses are reviewed and revised regularly by industry experts to ensure they reflect the most recent developments in the field.

## Nutrition Courses:

- Fundamentals of Nutrition
- Food Safety
- Nutritional Counseling
- Macronutrient Metabolism
- Micronutrient Metabolism
- Nutritional Assessment
- Nutrition Through the Life Cycle
- Personalized Diet Planning and Management
- Nutrition Profession and Career Planning
- Medical Nutrition Therapy I and II

## Concentration:

In addition to the required core and major courses, you can further specialize your degree by choosing a concentration in holistic nutrition.

## Capstone Project

The program culminates in the successful completion of a capstone project, in which you can demonstrate your ability to apply the concepts and skills you study online to real-world scenarios.

## Program Detail

### Credit Hours:

- Core: 45
- Major: 102
- Open Electives: 21
- Concentration/Other: 24

**Program Length:** 2–4 years (With transfer credit and other prior experience, the average completion time for Purdue Global bachelor's degree graduates in 2021-2022 was 2.1 years.)<sup>7</sup>

**Course Load:** 2 per term

**Terms:** 10 weeks long

**Start Dates:** Throughout the year

**Delivery:** 100% online

## Additional Programs

### Bachelor's Degrees

- Health and Wellness
- Health Care Administration
- Health Information Management
- Health Science
- Health Education and Promotion

### Master's Degrees

- Health Care Administration
- Health Education and Promotion
- Health Informatics
- Public Health

### Doctor of Health Science



## Approved Education Program

The Bachelor of Science in Nutrition is an approved holistic nutrition education program through the National Association of Nutrition Professionals (NANP) only when it is completed with the holistic nutrition concentration.



“Purdue Global has a unique approach to learning. The knowledgeable and experienced professors inspire me to continue learning beyond the classroom. Help is always available, and the seminar setup encourages interactions that make class fun and easy to love.”

**Kimberly Tirado**  
BS in Nutrition Graduate<sup>8</sup>



# Career and Networking Opportunities

## Industry Outlook<sup>1</sup>

- Employment of **health educators** is expected to grow faster than the average for all occupations from 2023 to 2033.
- Employment of medical and health services managers is projected to grow 29% during this same period.
- Health care is expected to generate about 1.9 million jobs between 2023 and 2033. Demand for health care services is expected to increase due to an aging population and greater demand for health care services.

## Career Pathways and Outcomes<sup>8</sup>

### Roles

- Nutrition counselor
- Food production manager
- Food services director
- Certified dietary manager
- Health coach
- Nutrition/food writer
- Catering/restaurant kitchen manager
- Sports nutrition specialist
- Nutrition educator
- Nutrition specialist

### Settings

- Food/foodservice organizations
- Wellness centers
- Community centers
- Private practice
- Pharmaceutical companies
- Schools

## Career Services

Our team of Career Specialists helps connect students with job and networking opportunities and offers the following assistance:

- Career assessment/exploration
- Resume and cover letter review
- Interview preparation/mock interviews
- Portfolio development to showcase your skills
- Assistance in building an online presence
- Job search and networking support
- Virtual career fairs
- 24/7 online access to job openings and career development tools

“This program develops the next generation of nutrition professionals through a unique online setting that promotes a strong sense of community and student engagement. Our diverse team of instructors provides students with valuable knowledge and mentorship to effectively prepare them for a successful career upon graduation.”

**David Feuz, MS**  
Department Chair<sup>9</sup>

## Accredited by The Higher Learning Commission

Purdue Global is accredited by the Higher Learning Commission (HLCommission.org), an institutional accreditation agency recognized by the U.S. Department of Education.

## Military Friendly

We offer reduced tuition rates for servicemembers, veterans, and spouses.

**Contact an Admissions Advisor at 844-PURDUE-G or visit [PurdueGlobal.edu](https://PurdueGlobal.edu).**

### IMPORTANT INFORMATION: PLEASE READ

For comprehensive consumer information, visit [Info.PurdueGlobal.edu](https://Info.PurdueGlobal.edu).

1 Source: U.S. Department of Labor, Bureau of Labor Statistics, *Occupational Outlook Handbook*, Medical and Health Services Managers, Health Educators, and Healthcare Occupations. National long-term projections may not reflect local and/or short-term economic or job conditions, and do not guarantee actual job growth.

2 Purdue Global does not guarantee transferability of credit. Future transfer credit savings are subject to review and the academic policies of Purdue Global. See the University Catalog for Prior Learning policy.

3 Estimated graduation date is based on the assumption that you will enroll in time to begin classes on the next upcoming start date, will remain enrolled for each consecutive term, and will maintain satisfactory academic standing in each term to progress toward completion of your program. Completion time is based on a full-time schedule. Programs will take longer for part-time students to complete.

To start a Graduate Program Pathway, students should consult with their Student Advisor to confirm eligibility. Not all Graduate Program Pathways are available on all tracks, and some may require students to meet academic standards to continue taking graduate courses in their bachelor's degree program. Visit the University Catalog for more information.

4 Students who inform Purdue Global they do not wish to pursue the program during the 3-week trial will not be charged. Students who choose to continue at Purdue Global will be billed for the full first term's tuition, including the 3-week trial, and will need to meet other specific requirements. Classes will be applied toward a degree if satisfactorily completed and students select to continue their studies at Purdue Global. No credits are earned if the student withdraws during the introductory period (3 weeks for new qualifying undergraduate students), which begins day one of the first term. Graduate programs and BS in Professional Flight not included. Additional terms may apply to international and non-U.S. citizen students. For further information, see the University Catalog.

5 Source: <https://www.fastcompany.com/most-innovative-companies/2023>. Ranking applies to Purdue University West Lafayette and not to Purdue Global.

6 Students are responsible for understanding the requirements of optional certification exams. The University cannot guarantee students will be eligible to sit for or pass exams. In some cases, work experience, additional coursework beyond the Purdue Global program, fieldwork, and/or background checks may be necessary to be eligible to take or to successfully pass the exams.

7 The average completion time for Purdue Global online bachelor's degree students who graduated in the 2021-2022 academic year was 2.1 years. Source: Purdue Global Office of Reporting and Analysis, July 2022.

8 The Bachelor of Science in Nutrition program is designed to prepare you academically to pursue a variety of nutrition-oriented careers and advanced education. The Bachelor of Science in Nutrition is an approved holistic nutrition education program through the National Association of Nutrition Professionals (NANP) only when it is completed with the holistic nutrition concentration. However, Purdue Global's Bachelor of Science in Nutrition program is not accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND), and does not qualify an individual to sit for the examination to become a Registered Dietitian (RD) or Registered Dietitian Nutritionist (RDN). In addition, some states will not permit individuals to become licensed in nutrition and/or dietetics if they do not possess the RD/RDN credential. If you are interested in becoming licensed in your state, it is vital that you understand your state's requirements for licensing prior to enrollment. Refer to Purdue Global's State Licensure and Certifications page for state-specific licensure information.

9 This testimonial was obtained by Purdue Global. Views and opinions stated herein are the individual's and not necessarily those of Purdue Global. Individual student experiences may vary. The program referenced in this advertisement is designed to teach students certain skills that could be used in connection with the position stated, but does not qualify students to apply for that position. Purdue Global cannot guarantee employment or career advancement. Additional training or certification may be required.