Earn the Nutrition Degree Your Career Deserves

Move your career forward while making a positive difference in people’s lives with Purdue Global’s Bachelor of Science in Nutrition. As the focus of America’s health care system shifts to preventive care, there’s a demand for professionals who can educate others about healthy habits and behaviors.¹ In our program, you’ll explore the topics, concepts, values, research methods, and applications of nutrition so you can create healthier communities and advance your career in this rewarding field.
Why Study at Purdue Global’s School of Health Sciences?

**Built for Working Adults**
Complete courses online, without compromising your work or family schedule.

**Backed by the Power of Purdue**
Earn a degree you can be proud of — and employers will respect. Achieve more in the health care field with a name that opens doors in your career.

**Experience Counts as Credit**
Get the credit you deserve. Transfer up to 75% of your degree requirements to graduate sooner. You can use prior academic, work, and military experience for credit.

**Bachelor’s-to-Master’s Opportunities**
Complete up to five graduate-level courses as part of your bachelor’s program and get a head start on your Purdue Global health sciences master’s degree.

**Expert Faculty**
Learn from nutrition and education experts who are practicing professionals in the field. All Health Sciences faculty possess advanced academic degrees.

**Personal Support**
Work directly with faculty through online discussion boards and seminars, and enjoy no-cost individual tutoring. In addition, academic and career advisors are dedicated to helping you balance school with your career and life responsibilities.

**Introductory Trial Period**
Make sure online learning at Purdue Global is right for you. Enroll in the University and try our classes for 3 weeks — before you owe any tuition. That’s the Purdue Global Commitment.

**An Education That’s Proven and Respected**
Purdue Global is backed by Purdue University. One of the most prestigious universities in the world, Purdue ranked #16 overall and #1 in education among *Fast Company* magazine’s prestigious *World’s Most Innovative Companies*.

**Program Outcomes Support Your Career Growth**

**PREPARE FOR CERTIFICATION**
Upon completion of this program, you may be eligible to pursue the following certifications and credentials:
- Certified Clinical Nutritionist (CCN)
- Certified Dietary Manager (CDM)
- ServSafe Food Manager

For students who complete the Bachelor of Science in Nutrition with the holistic nutrition concentration only: Board Certified in Holistic Nutrition sponsored by the National Association of Nutrition Professionals.

**BUILD THE CORE SKILLS AND COMPETENCIES THAT EMPLOYERS DEMAND**
- Acquire an understanding of digestion, absorption, and metabolism of foods and nutritional needs at various stages of life.
- Explain the role of nutrients and food in the prevention of disease and optimization of human health.
- Assess diets, prepare foods, and promote consumption of foods to meet the nutritional needs of healthy people.
- Plan and implement individualized, appropriate nutrition therapy for clients.
- Analyze the impact of cultural and economic issues on client needs.
- Develop the administrative, ethical, and professional skills for leadership positions throughout the health care field.
Curriculum

Our comprehensive curriculum covers the principles and pharmacology of nutrition and how dietary choices can contribute to a healthy lifestyle. You will explore how to educate others in the science of food, food production, and nutrition. The courses are reviewed and revised regularly by industry experts to ensure they reflect the most recent developments in the field.

**Nutrition Courses:**
- Food Safety
- Nutritional Analysis and Assessment
- Nutrition Planning and Management
- Nutrition Across the Human Life Cycle
- Food Science With Lab
- Nutritional Counseling

**Concentration:**
In addition to the required core and major courses, you can further specialize your degree by choosing a concentration in holistic nutrition.

**Capstone Project**
The program culminates in the successful completion of a capstone project, in which you can demonstrate your ability to apply the concepts and skills you study online to real-world scenarios.

**Program Detail**

**Credit Hours:**
- Core: 45
- Major: 71
- Open Electives: 31
- Concentration/Other: 33

**Program Length:** 2–4 years (With transfer credit and other prior experience, the average completion time for Purdue Global bachelor’s degree graduates in 2021-2022 was 2.1 years)^7

**Course Load:** 2 per term

**Terms:** 10 weeks long

**Start Dates:** Throughout the year

**Delivery:** 100% online

**Additional Programs**

**Bachelor’s Degrees**
- Health and Wellness
- Health Care Administration
- Health Information Management
- Health Science
- Health Education and Promotion

**Master’s Degrees**
- Health Care Administration
- Health Education and Promotion
- Health Informatics
- Public Health

**Doctor of Health Science**

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Approved Education Program
The Bachelor of Science in Nutrition, Holistic Nutrition concentration, is an approved holistic nutrition education program through the National Association of Nutrition Professionals (NANP).

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"Purdue Global has a unique approach to learning. The knowledgeable and experienced professors inspire me to continue learning beyond the classroom. Help is always available, and the seminar setup encourages interactions that make class fun and easy to love."

Kimberly Tirado
BS in Nutrition Graduate®
Career and Networking Opportunities

Industry Outlook

- Employment of health educators is expected to grow much faster than the average for all occupations from 2022 to 2032.
- Employment of medical and health services managers is projected to grow 28% during this same period.
- Health care is expected to generate about 1.8 million jobs between 2022 and 2032. Demand for health care services is expected to increase due to an aging population and greater demand for health care services.

Career Pathways and Outcomes

Roles

- Nutrition counselor
- Food production manager
- Food services director
- Certified dietary manager
- Health coach
- Nutrition/food writer
- Catering/restaurant kitchen manager
- Sports nutrition specialist
- Dietary technician/aide
- Nutrition educator
- Nutrition specialist

Settings

- Food/foodservice organizations
- Wellness centers
- Community centers
- Private practice
- Pharmaceutical companies
- Schools

Career Services

Our team of Career Specialists helps connect students with job and networking opportunities and offers the following assistance:

- Career assessment/exploration
- Resume and cover letter review
- Interview preparation/mock interviews
- Portfolio development to showcase your skills
- Assistance in building an online presence
- Job search and networking support
- Virtual career fairs
- 24/7 online access to job openings and career development tools

"This program develops the next generation of nutrition professionals through a unique online setting that promotes a strong sense of community and student engagement. Our diverse team of instructors provides students with valuable knowledge and mentorship to effectively prepare them for a successful career upon graduation."

David Fuez, MS
Adjunct Faculty

Accredited by The Higher Learning Commission

Purdue Global is accredited by the Higher Learning Commission (HLCommission.org), an institutional accreditation agency recognized by the U.S. Department of Education.

Military Friendly

We offer reduced tuition rates for servicemembers, veterans, and spouses.

Contact an Admissions Advisor at 844-PURDUE-G or visit PurdueGlobal.edu.