BACHELOR OF SCIENCE IN NUTRITION

IMPROVE THE HEALTH OF PEOPLE AND COMMUNITIES
Prepare to make a positive difference in the lives of others through a career in the health care and nutrition industry. With the focus of America’s health care system shifting to preventive care, there is an expected need for individuals who can educate others about healthy habits and behaviors, including the importance of good nutrition and maintaining a healthy diet. In Purdue University Global’s Bachelor of Science in Nutrition, you will explore the topics, concepts, values, research methods, and applications in nutrition needed to pursue opportunities in this growing field.
Why Study at Purdue Global’s School of Health Sciences?

FLEXIBILITY FOR WORKING ADULTS
Complete your degree 100% online, on your schedule. In addition, you can visit one of our regional locations to take advantage of local, onsite support and services.

TRANSFER CREDITS
Transfer up to 75% of your degree requirements to accelerate completion of your degree and save on tuition.2

ACCELERATED MASTER’S DEGREE OPTION
Fast track to your master’s degree. You can complete graduate-level courses as part of your bachelor’s program, shortening your Purdue Global health sciences master’s degree by up to five courses.3

FACULTY EXPERTISE
Learn from experienced health care professionals currently active in the field. All professors possess advanced academic degrees.

ONE-ON-ONE MENTORING
Work directly with faculty through online discussion boards and seminars, and enjoy no-cost individual tutoring. In addition, academic and career advisors are dedicated to helping you balance school with your career and life responsibilities.

INTRODUCTORY TRIAL PERIOD
Make sure online learning at Purdue Global is right for you. Enroll in the University and try our classes for 3 weeks before you owe any tuition. That’s the Purdue Global Commitment.4

NATIONALLY RANKED AND RESPECTED
Purdue Global is part of the respected Purdue University system. One of the most prestigious research universities in the world, Purdue University is ranked in the top 10 best public universities in the U.S. by The Wall Street Journal/Times Higher Education.5

Program Outcomes Support Your Career Growth

PREPARE FOR CERTIFICATION
Upon completion of this program, you may be eligible to pursue the following certifications and credentials6:

- Certified Clinical Nutritionist (CCN)
- Certified Dietary Manager (CDM)

For students who complete the Bachelor of Science in Nutrition with the holistic nutrition concentration only: Board Certified in Holistic Nutrition sponsored by the National Association of Nutrition Professionals.

BUILD THE CORE SKILLS AND COMPETENCIES THAT EMPLOYERS DEMAND

- Acquire an understanding of digestion, absorption, and metabolism of foods and nutritional needs at various stages of life.
- Explain the role of nutrients and food in the prevention of disease and optimization of human health.
- Assess diets, prepare foods, and promote consumption of foods to meet the nutritional needs of healthy people.
- Plan and implement individualized, appropriate nutrition therapy for clients.
- Analyze the impact of cultural and economic issues on client needs.
- Develop the administrative, ethical, and professional skills for leadership positions throughout the health care field.
Curriculum

Our comprehensive curriculum covers the principles and pharmacology of nutrition and how dietary choices can contribute to a healthy lifestyle. You will explore how to educate others in the science of food, food production, and nutrition. The courses are reviewed and revised regularly by industry experts to ensure they reflect the most recent developments in the field.

NUTRITION COURSES:
- Food Safety
- Nutritional Analysis and Assessment
- Nutrition Planning and Management
- Nutrition Across the Human Life Cycle
- Food Science With Lab
- Nutritional Counseling

Concentration:
In addition to the required core and major courses, you can further specialize your degree by choosing a concentration in holistic nutrition.

Capstone Project
The program culminates in the successful completion of a capstone project, in which you can demonstrate your ability to apply the concepts and skills you study online to real-world scenarios.

PROGRAM DETAIL
Credit Hours:
- Core: 45
- Major: 71
- Open Electives: 31
- Concentration/Other: 33

Program Length: 2–4 years (With transfer credit and other prior experience, the average completion time for Purdue Global bachelor’s degree graduates in 2020-2021 was 2.1 years.)

Course Load: 2 per term
Terms: 10 weeks long
Start Dates: Throughout the year
Delivery: 100% online

ADDITIONAL PROGRAMS
Bachelor’s Degrees
- Health and Wellness
- Health Care Administration
- Health Information Management
- Health Science
- Health Education and Promotion

Master’s Degrees
- Health Care Administration
- Health Education
- Health Informatics
- Health Information Management
- Public Health

“Purdue Global has a unique approach to learning. The knowledgeable and experienced professors inspire me to continue learning beyond the classroom. Help is always available, and the seminar setup encourages interactions that make class fun and easy to love.”

Kimberly Tirado
BS in Nutrition Student

APPROVED EDUCATION PROGRAM
The Bachelor of Science in Nutrition, Holistic Nutrition concentration, is an approved holistic nutrition education program through the National Association of Nutrition Professionals (NANP).
Career and Networking Opportunities

INDUSTRY OUTLOOK¹
- Employment of health educators is expected to grow much faster than the average for all occupations from 2021 to 2031.
- Employment of medical and health services managers is projected to grow 28% during this same period.
- Health care is expected to generate more jobs than any other industry in the coming years, with 2.4 million new jobs created between 2019 and 2029. Demand for health care services is expected to increase due to an aging population and greater demand for health care services.

CAREER PATHWAYS AND OUTCOMES³

Roles
- Nutrition counselor
- Food production manager
- Food services director
- Certified dietary manager
- Health coach
- Nutrition/food writer

Settings
- Food/foodservice organizations
- Wellness centers
- Community centers
- Catering/restaurant kitchen manager
- Sports nutrition specialist
- Dietary technician/aide
- Nutrition educator
- Nutrition specialist

CAREER SERVICES
Our team of Career Specialists helps connect students with job and networking opportunities and offers the following assistance:
- Career assessment/exploration
- Resume and cover letter review
- Interview preparation/mock interviews
- Portfolio development to showcase your skills
- Assistance in building an online presence
- Job search and networking support
- Virtual career fairs
- 24/7 online access to job openings and career development tools

Accredited by The Higher Learning Commission
This accreditation covers all academic programs, all regional locations, and all programs provided via distance education. Contact the HLC at HLCommission.org or call 800-621-7440.

Military Friendly
We offer reduced tuition rates for servicemembers, veterans, and spouses.

Contact an Admissions Advisor at 844-PURDUE-G or visit PurdueGlobal.edu.