BACHELOR OF SCIENCE IN NUTRITION

IMPROVE THE HEALTH OF PEOPLE AND COMMUNITIES
Prepare to make a positive difference in the lives of others through a career in the health care and nutrition industry. With the focus of America’s health care system shifting to preventive care, there is an expected need for individuals who can educate others about healthy habits and behaviors, including the importance of good nutrition and maintaining a healthy diet. In Purdue University Global’s Bachelor of Science in Nutrition, you will explore the topics, concepts, values, research methods, and applications in nutrition needed to pursue opportunities in this growing field.
WHY STUDY AT PURDUE GLOBAL’S SCHOOL OF HEALTH SCIENCES?

**FLEXIBILITY FOR WORKING ADULTS**
Complete your degree 100% online, on your schedule. In addition, you can visit one of our regional locations to take advantage of local, onsite support and services.

**TRANSFER CREDITS**
Transfer up to 75% of your degree requirements to accelerate completion of your degree and save on tuition.²

**ACCELERATED MASTER’S DEGREE OPTION**
Fast track to your master’s degree. You can complete graduate-level courses as part of your bachelor’s program, shortening your Purdue Global health sciences master’s degree by up to five courses.³

**FACULTY EXPERTISE**
Learn from experienced health care professionals currently active in the field. All professors possess advanced academic degrees.

**ONE-ON-ONE MENTORING**
Work directly with faculty through online discussion boards and seminars, and enjoy no-cost individual tutoring. In addition, academic and career advisors are dedicated to helping you balance school with your career and life responsibilities.

**INTRODUCTORY TRIAL PERIOD**
Make sure online learning at Purdue Global is right for you. Enroll in the University and try our classes for 3 weeks before you owe any tuition. That’s the Purdue Global Commitment.⁴

NATIONALLY RANKED AND RESPECTED
Purdue Global is part of the respected Purdue University system. One of the most prestigious research universities in the world, Purdue University is ranked in the top 10 best public universities in the U.S. by The Wall Street Journal/Times Higher Education.⁵

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**PROGRAM OUTCOMES SUPPORT YOUR CAREER GROWTH**

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<tr>
<th>Prepare for Certification</th>
<th>Build the Core Skills and Competencies That Employers Demand</th>
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<td>Upon completion of this program, you may be eligible to pursue the following certifications and credentials⁶:</td>
<td>• Acquire an understanding of digestion, absorption, and metabolism of foods and nutritional needs at various stages of life.</td>
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<td>• Board Certified in Holistic Nutrition</td>
<td>• Explain the role of nutrients and food in the prevention of disease and optimization of human health.</td>
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<td>• Certified Clinical Nutritionist (CCN)</td>
<td>• Assess diets, prepare foods, and promote consumption of foods to meet the nutritional needs of healthy people.</td>
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<td>• Certified Dietary Manager (CDM)</td>
<td>• Plan and implement individualized, appropriate nutrition therapy for clients.</td>
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<td>• Analyze the impact of cultural and economic issues on client needs.</td>
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<td>• Develop the administrative, ethical, and professional skills for leadership positions throughout the health care field.</td>
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Our comprehensive curriculum covers the principles and pharmacology of nutrition and how dietary choices can contribute to a healthy lifestyle. You will explore how to educate others in the science of food, food production, and nutrition. The courses are reviewed and revised regularly by industry experts to ensure they reflect the most recent developments in the field.

**NUTRITION COURSES:**
- Food Safety and Microbiology
- Nutritional Analysis and Assessment
- Nutrition Planning and Management
- Nutrition Across the Human Life Cycle
- Nutrition for Special Populations
- Food Science With Lab
- Nutritional Counseling

**Capstone Project**
The program culminates in the successful completion of a capstone project, in which you can demonstrate your ability to apply the concepts and skills you study online to real-world scenarios.

**PROGRAM DETAIL**
**Credit Hours:**
- Core: 33
- Major: 60
- Open Electives: 87
- **Total:** 180

**Program Length:** 2–4 years
**Course Load:** 2 per term
**Terms:** 10 weeks long
**Start Dates:** Throughout the year
**Delivery:** 100% online

"Our nutrition program offers students the ability to receive nutrition education that can form the foundation for entry into the growing health or food science fields. The nutrition program allows students to continue their careers or attend to family obligations while earning a degree from a regionally accredited university."

**Leslie Young**
School of Health Sciences Full-Time Faculty

**APPROVED EDUCATION PROGRAM**
The Bachelor of Science in Nutrition is an approved holistic nutrition education program through the National Association of Nutrition Professionals (NANP).

**ADDITIONAL PROGRAMS**
**Bachelor's Degrees:**
- Health and Wellness
- Health Care Administration
- Health Information Management
- Health Science

**Master's Degrees:**
- Health Care Administration
- Health Education
- Health Informatics
- Health Information Management
- Public Health
CAREER AND NETWORKING OPPORTUNITIES

INDUSTRY OUTLOOK

• Employment of health educators as well as medical and health services managers is expected to grow much faster than the average for all occupations from 2016 to 2026.
• Health care occupations are projected to add more jobs than any of the other occupational groups, with 2.4 million new jobs by 2026. This growth will be fueled mainly by an aging population, leading to greater demand for health care services.

CAREER PATHWAYS AND OUTCOMES

Roles

• Nutrition counselor
• Food production manager
• Food services director
• Certified dietary manager
• Nutrition educator
• Health coach

• Nutrition/food writer
• Catering/restaurant kitchen manager
• Sports nutrition specialist
• Dietary technician/aide
• Nutrition specialist

Settings

• Food/foodservice organizations
• Wellness centers
• Private practice

• Pharmaceutical companies
• Community centers
• Schools

CAREER SERVICES

Our team of Career Specialists helps connect students with job and networking opportunities and offers the following assistance:

• Career assessment/exploration
• Resume and cover letter review
• Interview preparation/mock interviews
• Portfolio development to showcase your skills
• Assistance in building an online presence
• Job search and networking support
• Virtual career fairs
• 24/7 online access to job openings and career development tools

Accredited by The Higher Learning Commission
This accreditation covers all academic programs, all regional locations, and all programs provided via distance education. Contact the HLC at HLCommission.org or call 800-621-7440.

Military Friendly
We offer reduced tuition rates for servicemembers, veterans, and spouses.