BACHELOR OF SCIENCE IN NUTRITION

IMPROVE THE HEALTH OF PEOPLE AND COMMUNITIES

Prepare to make a positive difference in the lives of others through a career in the health care and nutrition industry. With the focus of America’s health care system shifting to preventive care, there is an expected need for individuals who can educate others about healthy habits and behaviors, including the importance of good nutrition and maintaining a healthy diet. In Purdue University Global’s Bachelor of Science in Nutrition, you will explore the topics, concepts, values, research methods, and applications in nutrition needed to pursue opportunities in this growing field.
Why Study at Purdue Global’s School of Health Sciences?

FLEXIBILITY FOR WORKING ADULTS
Complete your degree 100% online, on your schedule. In addition, you can visit one of our regional locations to take advantage of local, onsite support and services.

TRANSFER CREDITS
Transfer up to 75% of your degree requirements to accelerate completion of your degree and save on tuition.

ACCELERATED MASTER’S DEGREE OPTION
Fast track to your master’s degree. You can complete graduate-level courses as part of your bachelor’s program, shortening your Purdue Global health sciences master’s degree by up to five courses.

FACULTY EXPERTISE
Learn from experienced health care professionals currently active in the field. All professors possess advanced academic degrees.

ONE-ON-ONE MENTORING
Work directly with faculty through online discussion boards and seminars, and enjoy no-cost individual tutoring. In addition, academic and career advisors are dedicated to helping you balance school with your career and life responsibilities.

INTRODUCTORY TRIAL PERIOD
Make sure online learning at Purdue Global is right for you. Enroll in the University and try our classes for 3 weeks before you owe any tuition. That’s the Purdue Global Commitment.

PREPARE FOR CERTIFICATION
Upon completion of this program, you may be eligible to pursue the following certifications and credentials:
- Certified Clinical Nutritionist (CCN)
- Certified Dietary Manager (CDM)
For students who complete the Bachelor of Science in Nutrition with the holistic nutrition concentration only: Board Certified in Holistic Nutrition sponsored by the National Association of Nutrition Professionals.

BUILD THE CORE SKILLS AND COMPETENCIES THAT EMPLOYERS DEMAND
- Acquire an understanding of digestion, absorption, and metabolism of foods and nutritional needs at various stages of life.
- Explain the role of nutrients and food in the prevention of disease and optimization of human health.
- Assess diets, prepare foods, and promote consumption of foods to meet the nutritional needs of healthy people.
- Plan and implement individualized, appropriate nutrition therapy for clients.
- Analyze the impact of cultural and economic issues on client needs.
- Develop the administrative, ethical, and professional skills for leadership positions throughout the health care field.
Our comprehensive curriculum covers the principles and pharmacology of nutrition and how dietary choices can contribute to a healthy lifestyle. You will explore how to educate others in the science of food, food production, and nutrition. The courses are reviewed and revised regularly by industry experts to ensure they reflect the most recent developments in the field.

**NUTRITION COURSES:**
- Food Safety
- Nutritional Analysis and Assessment
- Nutrition Planning and Management
- Nutrition Across the Human Life Cycle
- Food Science With Lab
- Nutritional Counseling

**Concentration:**
In addition to the required core and major courses, you can further specialize your degree by choosing a concentration in holistic nutrition.

**Capstone Project**
The program culminates in the successful completion of a capstone project, in which you can demonstrate your ability to apply the concepts and skills you study online to real-world scenarios.

**PROGRAM DETAIL**

**Credit Hours:**
- Core: 45
- Major: 71
- Open Electives: 31
- Concentration/Other: 33

**Program Length:** 2–4 years (With transfer credit and other prior experience, the average completion time for Purdue Global bachelor’s degree graduates in 2020-2021 was 2.1 years.)

**Course Load:** 2 per term

**Terms:** 10 weeks long

**Start Dates:** Throughout the year

**Delivery:** 100% online

**ADDITIONAL PROGRAMS**

**Bachelor’s Degrees**
- Health and Wellness
- Health Care Administration
- Health Information Management
- Health Science
- Health Education and Promotion

**Master’s Degrees**
- Health Care Administration
- Health Education
- Health Informatics
- Health Information Management
- Public Health

---

**APPROVED EDUCATION PROGRAM**
The Bachelor of Science in Nutrition, Holistic Nutrition concentration, is an approved holistic nutrition education program through the National Association of Nutrition Professionals (NANP).

---

“Purdue Global has a unique approach to learning. The knowledgeable and experienced professors inspire me to continue learning beyond the classroom. Help is always available, and the seminar setup encourages interactions that make class fun and easy to love.”

**Kimberly Tirado**
BS in Nutrition Student
Career and Networking Opportunities

INDUSTRY OUTLOOK¹

- Employment of health educators is expected to grow much faster than the average for all occupations from 2021 to 2031.
- Employment of medical and health services managers is projected to grow 28% during this same period.
- Health care is expected to generate more jobs than any other industry in the coming years, with 2.4 million new jobs created between 2019 and 2029. Demand for health care services is expected to increase due to an aging population and greater demand for health care services.

CAREER PATHWAYS AND OUTCOMES⁹

Roles

- Nutrition counselor
- Food production manager
- Food services director
- Certified dietary manager
- Health coach
- Nutrition/food writer

Settings

- Food/foodservice organizations
- Wellness centers
- Community centers

- Catering/restaurant kitchen manager
- Sports nutrition specialist
- Dietary nutrition aide
- Nutrition educator
- Nutrition specialist

- Private practice
- Pharmaceutical companies
- Schools

CAREER SERVICES

Our team of Career Specialists helps connect students with job and networking opportunities and offers the following assistance:

- Career assessment/exploration
- Resume and cover letter review
- Interview preparation/mock interviews
- Portfolio development to showcase your skills
- Assistance in building an online presence
- Job search and networking support
- Virtual career fairs
- 24/7 online access to job openings and career development tools

Accredited by The Higher Learning Commission

This accreditation covers all academic programs, all regional locations, and all programs provided via distance education. Contact the HLC at HLCcommission.org or call 800-621-7440.

Military Friendly

We offer reduced tuition rates for servicemembers, veterans, and spouses.

Contact an Admissions Advisor at 844-PURDUE-G or visit PurdueGlobal.edu.

IMPORTANT INFORMATION: PLEASE READ

For comprehensive consumer information, visit Info.PurdueGlobal.edu.


2 Purdue Global does not guarantee transferability of credit. Future transfer credit savings are subject to review and the academic policies of Purdue Global. See the University Catalog for Prior Learning policy.

3 The University cannot guarantee that students will be granted admission to any future programs. Speak to an Advisor about admissions requirements and transfer credit opportunities and see the University Catalog for the Prior Learning Assessment policy.

4 No financial obligation beyond the application fee. Classes count toward a degree if satisfactorily completed. No credits are earned if the student withdraws during the introductory period (3 weeks for new qualifying undergraduate students), which begins day one of the first term. Students who choose to continue their studies at Purdue Global will need to meet specific requirements. Graduate programs not included. Additional terms may apply to international and non-U.S. citizen students. For further information, see the University Catalog.


6 Students are responsible for understanding the requirements of optional certification exams. The HLC cannot guarantee that students will be eligible to sit for or pass exams. In some cases, work experience, additional coursework beyond the Purdue Global program, fieldwork, and/or background checks may be necessary to be eligible to take or to successfully pass the exams.

7 The average completion time for Purdue Global online bachelor’s degree students who graduated in the 2020-2021 academic year was 2.1 years. Source: Purdue Global Office of Reporting and Analysis, July 2022.

8 This testimonial was obtained by Purdue University Global. Views and opinions stated herein are the individual’s and not necessarily those of Purdue Global. Individual student experiences may vary. The program referenced in this advertisement is designed to teach students certain skills that could be used in connection with the position stated, but does not qualify students to apply for that position. Purdue Global cannot guarantee employment or career advancement. Additional training or certification may be required.

9 The Bachelor of Science in Nutrition is designed to prepare graduates academically to pursue a variety of nutrition-oriented careers and advanced education. However, the program was not designed to meet any state-specific requirements for licensure or certification, is not accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND), and does not qualify an individual to sit for the examination to become a Registered Dietitian (RD). In addition, some states will not permit individuals to become licensed in nutrition and/or dietetics if they do not possess the RD credential. Refer to Licensure.PurdueGlobal.edu for state-specific licensure information.

34776 11/22